

LINCOLN PUBLIC SCHOOLS BALLFIELD ROAD LINCOLN, MASSACHUSETTS 01773 781-259-9408

- To: Lincoln School Parents in Grades 6-8
- From: Ryan Cassidy, Lincoln School District Athletic Director
- Re: Winter Athletics

We have finished another exciting fall season with almost one hundred students participating. We are hoping to continue this trend during the winter season. The Lincoln School Athletic program offers a Boys & Girls A and B basketball teams. There are no Athletic games or practices during weekends. All practices and games are held after school Monday through Friday excluding most Wednesdays.

To signup for one of our fall athletic teams your child must come to the Brooks School Gymnasium during lunch on **Thursday, November 17<sup>th</sup>**. **Tuesday, November 29th** is the first day of **"Tryouts"** for our Winter Athletics programs. Try-outs will end on **Friday, December**<sup>2nd</sup>. Practices and tryouts will be held after school on Monday, Tuesday, Thursday & Friday from 2:50 - 4:30.

Kindly note that coming to tryouts and participating does **not** guarantee your child to a spot on the team he/she signs up for. Regrettably, team sizes are limited to the number of students that is safe to coach and supervise for a season.

For a fee of **\$175.00**, your child will be eligible to participate in an interscholastic sport. Please make checks or money orders payable to Town of Lincoln. All sports fees will be turned in to Mrs. Crosby in the Brooks office or to Mr. Cassidy in the Smith office. **Sports fees must be paid prior** to the first game in a season. If you would like to be considered for financial assistance the forms are available online and in the parent handbook. The forms must be submitted to Buck Creel in the business office.

Under Massachusetts's regulations for Physical Examinations of school children, **No child may participate without the results of a physical exam on file in the school nurse's office.** A **doctor's note is not the same as a physical.** All students must have had a physical within 13 months prior to the start of a season to participate in the Lincoln School Athletic program.

In order to tryout and participate in after-school sports, each student must have the following on file before tryouts begin. Forms are available on the Athletics website.

- 1. A signed Lincoln Public School Sports Registration.
- 2. A signed Medical Authorization/Sports Related Medical History form
- 3. The results of a physical exam.
- 4. A signed concussion affidavit by both parent and student athlete.